Be kind

Be kind to everyone you see.

Scrub-a-dub-dub

Have a scrub in the soapy tub.

Wash your hands

Dirty hands can make you sick.

Brush your teeth

Night and day, keep germs away.

Listen

Listen to the grown-ups' voices.

Share your smile

turn that frown upside down!

Love, laugh, splash, play

Include your friends and siblings every day!

